



2018 FALL / WINTER SCHEDULE

JULY 23, 2018 – FIRST DAY OF OFFICIAL PRACTICE

- ALL PLAYERS WILL BE REQUIRED TO HAVE 6 HOURS OF NON-CONTACT PRACTICE BEFORE RECEIVING EQUIPMENT.
- FLAG PRACTICE 3 TIMES A WEEK AT 2 HOURS PER PRACTICE
- TACKLE PRACTICE 4 TIMES A WEEK AT 2 HOURS PER PRACTICE

AUGUST 18, 2018 – PRESEASON CONTROLLED SCRIMMAGE

- HIFA WILL COORDINATE CONTROLLED SCRIMMAGES BETWEEN TEAMS BASED ON THE AMOUNT OF TEAMS IN DIVISIONS AND THE AMOUNT OF FIELDS AVAILABLE

AUGUST 25, 2018 – PRESEASON GAME

- HIFA WILL COORDINATE CONTROLLED PRESEASON GAME BETWEEN TEAMS BASED ON THE AMOUNT OF TEAMS IN DIVISIONS AND THE AMOUNT OF FIELDS AVAILABLE

AUGUST 25, 2018 – TACKLE FIRST WEIGH IN AND LEAGUE ID PICTURES

- ALL PLAYERS NEED AN ID TO PARTICIPATE IN GAMES
- ALL STAFF (COACHES AND TEAM MOM/MANAGERS) WILL NEED AN ID TO BE ON THE SIDELINES
- MPR IDS WILL BE GIVEN OUT TO EACH TEAM TO ROTATE EACH WEEKEND

SEPTEMBER 8, 2018 – FIRST OFFICIAL GAME

OCTOBER 13, 2017 - TACKLE MID-SEASON WEIGH IN

- COACHES THAT WERE NOT AT INITIAL ID PICTURES WILL NEED TO BE AT THIS WEIGH IN TO TAKE THEIR ID PICTURE. THIS INCLUDES ANY COACH THAT WAS BROUGHT ON TO THE STAFF AFTER THE SEASON HAS STARTED.

NOVEMBER 24, 2018 – PLAYOFFS

DECEMBER 8, 2018 – CHAMPIONSHIPS

